

2024 – Year of Prayer leading up to the Holy Year 2025.



Pope Francis has inaugurated a Year of Prayer ahead of the 2025 Jubilee, calling on all the faithful “to intensify prayer to prepare us to live well this event of grace and to experience the power of God’s hope”.

In remarks after the Sunday Angelus, the Holy Father explained that the Year of Prayer is dedicated “to rediscovering the great value and absolute need for prayer, prayer in personal life, in the life of the Church, prayer in the world.”

Pope Francis would like 2024 to become “a great symphony of prayer. First of all, to recover the desire to be in the presence of the Lord, to listen to Him and adore Him.” It would be helpful to look back at the 38 catechesis on Prayer that Pope Francis presented from 6 May 202 to 16 June 2021. You can find these on the Vatican website – vatican.va.

A series of booklets entitled, “Notes on Prayer”, is being published by the Vatican publishing house, Libreria Editrice Vaticana.

The 8 titles are designed to put the need for a profound relationship with the Lord back at the centre of people’s lives, through the many forms of prayer to be found in the rich Catholic tradition of prayer. The first title or booklet is called “Praying Today”. There is also a guide for the Year of Prayer available online – “Teach us to Pray – Living the Year of Prayer in Preparation for the Jubilee 2025”.

A digital version can be downloaded free from the website iubilaeum2025.va. Here are the contents in the index: Pope Francis’ teaching on prayer, “Teach us to pray” (Lk 11:1): towards a school of prayer; Prayer in the parish community (the Eucharist, the Liturgy of the Hours, Hours for the Lord, Eucharistic Adoration); Prayer in the family ;Young people’s prayer ; Retreats on prayer; Catechesis on prayer ; the Prayer of the Cloistered ; Prayer in Sanctuaries; the Prayer of the faithful for the 2025 Jubilee.